**Course Outline of “Introduction to Psychology”**

**Midterm**

1. **Introduction to psychology**
2. **Basic perspectives of psychology**

* **Biological**
* **Psychoanalytical**
* **Humanistic**
* **Cognitive**
* **Social cultural**
* **Behavioral**

1. **Behavioral perspective**

* **Classical**
* **Operant**

1. **Sensation and perception**
2. **Thinking and language**
3. **Motivation and emotion**
4. **Health, stress and coping**
5. **Memory**

**Final term**

1. **Personality**
2. **Social psychology**
3. **Industrial and organizational psychology**
4. **Psychological disorders (basics)**
5. **Social anxiety disorder and management**
6. **Psychotherapy (basic)**
7. **CBT**